

# CDC Health Care Coverage for National Diabetes Prevention Program

## Participating Payers and Employers

This page describes payers that are covering the National Diabetes Prevention Program (National DPP) lifestyle change program. This page will be updated quarterly in January, April, July, and October. Payers include:

1. [Participating Commercial Health Plans](#)
2. [Participating Private Employers](#)
3. [Participating Public Employers](#)

*“The availability of the evidence-based National DPP lifestyle program for practitioners, health plans, and employers allows for a comprehensive patient-centered approach to preventing the progress to type 2 diabetes for at-risk adults. This opportunity completes the full spectrum of prevention, health, and wellness and opens the door to health communities and to the possibility of the public-private partnerships.”*

– Elizabeth (Cissy) Kraft, RVP Senior Clinical Officer, Anthem Blue Cross Colorado and Nevada

## Participating Commercial Health Plans

The following list is based on publicly available data and may not be inclusive of all health plans that include the National DPP lifestyle change program as a covered benefit. Listed plan sponsors may not cover the program for all lines of business. By clicking any plans that are linked below you will be directed to a case study that tells the story of that plan offering the program to their members.

- Aetna (DE)
- Aetna Better Health of Kentucky
- Aetna Better Health of Texas
- AlohaCare
- AmeriHealth Caritas Partnership
- Anthem Blue Cross (CA)
- Anthem Blue Cross Blue Shield (CO)
- Anthem Blue Cross Blue Shield (KY)
- Aspire Health Plan (CA)
- Blue Cross Blue Shield of Idaho
- Blue Cross Blue Shield of Kansas City
- Blue Cross Blue Shield of Louisiana
- Blue Cross Blue Shield of Massachusetts
- Blue Cross Blue Shield of Michigan
- Blue Cross Blue Shield of Minnesota
- Blue Cross Blue Shield of Nebraska
- Blue Cross Blue Shield of Ohio
- Blue Cross Blue Shield of Rhode Island
- Blue Cross Blue Shield of Western New York
- Blue Shield of California
- Capital District Physicians’ Health Plan
- Cigna
- Denver Health Medical Plan, Inc.
- EmblemHealth
- EMI Health
- [Florida Blue](#)
- GEHA
- [Geisinger Health Plan \(PA\)](#)
- Group Health Cooperative of Southern Central Wisconsin
- Hawaii Medical Assurance Association
- Hawaii Medical Service Association
- Health Net
- HealthPartners (PA)
- Highmark Blue Cross Blue Shield Delaware
- Highmark Blue Cross Blue Shield Pennsylvania
- Highmark Blue Cross Blue Shield West Virginia
- Humana
- Independent Health
- Kaiser Permanente (CA, CO, GA, HI)
- L.A. Care
- Medical Mutual of Ohio
- Molina Healthcare
- MVP Health Care
- Pacific Source
- Priority Health
- Sanford Health Plan
- San Francisco Health Service System
- SelectHealth
- SHARP Health Plan
- Tufts Health Plan
- UnitedHealthcare
- University Health Alliance (HI)
- Western Health Advantage (CA)

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## **Participating Private Employers**

The following list is based on publicly available data and may not be inclusive of all private employers that cover the National DPP lifestyle change program for their employees. By clicking any employers that are linked below you will be directed to a case study that tells the story of that employer offering the program as a covered health or wellness benefit.

- 1199 Labor Management
- 3M
- Academy Mortgage Corporation
- Advocate Aurora
- Anthem Blue Cross of California (Los Angeles, Tulare County, and San Diego)\*
- Associated Regional and University Pathologists (ARUP)
- Ascension Wheaton Franciscan
- Associated Food Stores
- Baptist Health
- [Bath Iron Works](#)
- BJC Healthcare
- Blue Cross Blue Shield of Kansas City\*
- Boeing
- Charleston Area Medical Center
- Central California Alliance for Health\*
- [Costco](#) (additional information [here](#))
- Curi (formerly Medical Mutual)
- Disney
- [Dow Chemical Company](#)
- Eastman Chemical Company
- Edward-Elmhurst Hospital
- EmblemHealth\*
- Emory University
- [Florida Blue\\*](#)
- Foster Farms
- Franciscan Health
- Gilsbar
- Harris Health System
- Health Net\*
- Highmark Blue Cross Blue Shield of Pennsylvania\*
- [Iron Mountain](#)
- Kaiser Permanente\*
- Kenco
- Kroger
- Lafayette General Medical Center
- [Latham and Watkins](#) (additional information [here](#) and [here](#))
- Leavitt Partners
- LLBean
- LMR Plastics, a Parkway Company
- Los Alamos National Laboratories
- Lowe's
- Melaleuca – The Wellness Company
- Mercy Hospitals
- Nanticoke Health System
- National Life Group
- Navient
- Norton Healthcare
- Omada Health
- ONEOK
- Oneida Comprehensive Health Division
- Physician's Mutual
- Piedmont Health
- Sanford Health Plan\*
- Schwan's Food Company
- SelectHealth\*
- Sentara Healthcare
- Signode Industrial
- Standard Aero
- South County Health Center
- Southern Champion
- St. Catherine Hospital (Finney County)
- Times Pharmacy
- The Wonderful Company
- Tufts Health Plan\*
- United Healthcare (Rhode Island, Los Angeles, CA, and San Diego, CA)\*
- University of Virginia Health System
- Unum
- Vanderbilt University
- Wakemed
- Wellmont Health System/Ballad Health
- Wells Fargo

Resources for employers and commercial health plans on making the business case for coverage of the National DPP lifestyle change program can be found [here](#).

\* Denotes commercial health plans that cover the program for their employees and beneficiaries

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## Participating Public Employers

### States with Public Employee Coverage

The states below provide coverage of the National DPP lifestyle change program to their public employees. States vary in which state employees receive coverage. For example, some states extend coverage to all active state employees, including state university employees and retired state employees, while other states only provide coverage to state employees enrolled with certain health plans (for a detailed accounting of coverage, see the map entitled "[States with Public Employee Coverage Map](#)" below). By clicking any states that are linked below you will be directed to a case study that tells the story of that state offering the program to its employees. States that offer some degree of National DPP lifestyle change program coverage include:

- California – 2017
- Colorado – 2013
- Connecticut
- Delaware – September 2017
- Georgia – 2018
- Hawaii – 2019
- Indiana – 2018
- [Kentucky](#) – 2014 (pilot in 2013)
- Louisiana – 2015
- Maine – 2015
- Maryland – 2017
- [Minnesota](#) – April 2015
- Montana
- Nebraska – 2017/2018
- New Hampshire – 2015
- New York – 2016 (for some carriers)
- North Dakota – October 2018
- Oklahoma
- Oregon – 2017
- Pennsylvania – January 2020
- Rhode Island – 2016
- Tennessee – 2018
- Texas – 2016
- Vermont – 2014
- [Washington](#) – 2016
- Wisconsin
- Wyoming – January 2020

*“As the largest employer in Minnesota, we are committed both to providing our members with quality health care programs and to controlling cost. Chronic diseases like diabetes impact our employees, our health plan, and our bottom line. Prevention is the key to helping our members remain healthy and lead productive lives, and the National Diabetes Prevention Program standard-of-care for individuals with prediabetes.”*

*– Beth Lundholm, Manager, State Employees Group Insurance Programs, Minnesota Management & Budget, quoted in the [Case for Coverage Handout for Employers](#)*

*Dates correspond to when coverage started or is anticipated to start, unless otherwise noted. In addition to the states listed above, there are ongoing demonstrations taking place in South Dakota and Utah.*

### Localities with Public Employee Coverage

The localities below provide coverage of the National DPP lifestyle change program to city and county public employees.

- City of Clarksville – Tennessee
- City of Houston – Texas
- City of Kingsport – Tennessee
- City of New York – New York
- City of Savannah – Georgia
- City of Wilmington – Delaware
- County of Johnson – Kansas
- County of Spartanburg – South Carolina
- Finney County Community Health Coalition – Kansas
- Finney County Government – Kansas
- Los Angeles City Employees’ Retirement System (LACERS) – California

## Public Schools and Universities with Employee Coverage

The public colleges and universities below provide coverage of the National DPP lifestyle change program to their employees.

- Colorado State University
- East Tennessee State University
- Metro Nashville Public Schools
- Missouri State University
- Missouri Western State University
- Salt Lake Community College
- Shelby County Schools
- Tennessee State University
- The Ohio State University
- University of Georgia
- [University of Michigan](#) (additional information [here](#))
- University of Utah

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## Additional Information About Private and Public Employer Coverage

### Private and Public Employers with Coverage of the National DPP Lifestyle Change Program – Filterable Table - see CDC site for table

The table below includes all public and private employers, except states, that are listed on this Participating Payers page as providing coverage of the National DPP lifestyle change program to their employees. Additional information about states providing coverage to state employees is included in the [“States with Public Employee Coverage Map.”](#)

#### Visualizations of Private and Public Employers Covering of the National DPP Lifestyle Change Program

The charts below include all public and private employers, except states, that are listed on this participating payer page as providing coverage of the National DPP lifestyle change program to their employees. Additional information about states providing coverage to state employees is included in the [“States with Public Employee Coverage Map”](#).

- Employer Industries
- Number of Employers
- Geographic Operational Reach

The chart below shows the range of industries represented by the employers listed on this page. The industry types have been defined using the [IBIS World Industry Classification](#) system.

